

## L - Desporto - Minor em Recreação e Lazer - 2º ano

2022-02-21

	Segunda-feira	Terça-feira	Quarta-feira	Quinta-feira	Sexta-feira	Sábado	Domingo
08:00-08:30							
08:30-09:00		DAI MRL [TP]	DIII MRL [PL]	DIII MRL [P]	FEII MRL [T]		
09:00-09:30	B MRL [T] 0.74	-1.4	PISTA	PavMuni	0.74		
09:30-10:00		C					
10:00-10:30	B MRL [TP]	DAI MRL [A]	DAI MRL [TP]	A	A		
10:30-11:00	1.43	-1.4	-1.4	DIII MRL [PL]	DIII MRL [P]	DIII MRL [PL]	
11:00-11:30	A	B	B	PISTA	PavMuni	PISTA	
11:30-12:00	B MRL [TP]	DAI MRL [A]	DAI MRL [TP]				
12:00-12:30	1.43	-1.4	-1.4	B	B	C	
12:30-13:00	B	A	A				
13:00-13:30							
13:30-14:00							
14:00-14:30			FEII MRL [TP]				
14:30-15:00			0.74	DIII MRL [P]			
15:00-15:30				PavMuni			
15:30-16:00							
16:00-16:30					C		
16:30-17:00	DAI MRL [A]	OED MRL [TP]					
17:00-17:30	-1.4	1.29					
17:30-18:00	C						
18:00-18:30	DIII MRL [TP]						
18:30-19:00	0.34						
19:00-19:30							
19:30-20:00							
20:00-20:30							
20:30-21:00							
21:00-21:30							
21:30-22:00							
22:00-22:30							
22:30-23:00							
23:00-23:30							
23:30-00:00							

B MRL - Biomecânica MRL

DAI MRL - Desportos de Academia I MRL

DIII MRL - Desportos Individuais II MRL

FEII MRL - Fisiologia do Exercício II MRL

OED MRL - Organização de Eventos Desportivos MRL